



You'll have to learn about Oktoberfest's history to know exactly why Oktoberfest starts in September. The first Oktoberfest celebrated the marriage between Bavarian Crown Prince Ludwig and Princess Therese von Sachsen-Hildburghausen. It lasted five days, during which the citizens of Munich were invited to eat and drink to their hearts' content while listening to live music and watching parades. The party ended with a horse race at the edge of town.

It was such a success that this celebration grew to become an annual festival, complete with every attraction that made the first so enjoyable. As the festival got longer, the starting Oktoberfest dates were moved into September because the days were longer and the weather was warmer. Visitors could stay out later to enjoy the gardens and the famous fields that make up the festival grounds without getting chilly.

In an effort to adhere to the original dates, the last weekend of modern Oktoberfests always takes place in October, usually ending on the first Sunday of the month. If the first Sunday in October is the 1st or 2nd of the month, the festival is extended slightly to run until Monday or Tuesday, whichever day Oct. 3 falls on. This is so that it can coincide with the public holiday Tag der Deutschen Einheit, or Day of German Unity. Germans call this a "good" year, and we can't argue with that!



SEPTEMBER BIRTHDAYS

Those born between September 1–22 are Virgos. Virgos are considered shy and sometimes naïve, private, and very tidy. They are also curious explorers who are incredibly loyal and well respected by their friends and colleagues. If you were born between September 23–30, you balance the scales of Libra. Libras are very social, seek harmony through compromise, and have strong powers of critical thinking.

LISA MURRAY ~ September 1, 1936
MARILYN SECKLER ~ September 27, 1931

- Salma Hayek (Actress) – September 2, 1966
- Alan Ladd (Actor) – September 3, 1913
- Bob Newhart (Comedian) – September 5, 1929
- Grandma Moses (Artist) – September 7, 1860
- Patsy Cline (Singer) – September 8, 1932
- B. B. King (Musician) – September 16, 1925
- Bruce Springsteen (Singer) – September 23, 1949
- Bryant Gumbel (Journalist) – September 29, 1948

SWEET CRAVINGS



Why is it that after a big meal we still crave something more? Not another helping of meat and potatoes. Not salad. Something sweet. Dessert!

Some scientists say that it's simply conditioning—that we've been trained to eat dessert after dinner since childhood. Others believe that it's a matter of brain chemistry. Eating sugar enables the absorption of amino acids, and these amino acids increase serotonin, which is a powerful chemical in our brains that makes us feel happy. Depriving ourselves of dessert only makes us want it more. Luckily, you won't need to deprive yourself on September 4, Eat an Extra Dessert Day. Remember, desserts eaten in moderation can be part of a healthy diet. Or, instead of unhealthy sweets like cookies and cake, opt for fruits, which contain natural sugars.



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9:00 AM – 4:00 PM
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FIRE / MEDICAL EMERGENCY:
911

DEAR RESIDENTS AND FAMILIES:

NATIONAL ASSISTED LIVING WEEK IS SEPTEMBER 8-14, 2024 AND THE THEME THIS YEAR IS "INSPIRING GENERATIONS". THIS ANNUAL ACKNOWLEDGEMENT PROVIDES AN OPPORTUNITY FOR RESIDENTS, THEIR LOVED ONES, STAFF, VOLUNTEERS AND SURROUNDING COMMUNITIES TO RECOGNIZE THE ROLE OF ASSISTED LIVING IN CARING FOR AMERICA'S SENIORS AND INDIVIDUALS WITH DISABILITIES. THERE WILL BE MANY ACTIVITIES THAT WEEK HONORING AND CELEBRATING ALL THOSE WHO OFFER THEIR LOVE AND CARE TO OUR RESIDENTS. PLEASE CHECK YOUR CALENDAR FOR THESE UPCOMING EVENTS. THANK YOU.

WE WILL BE PUTTING OFF TAKING BUS TRIPS AT THIS TIME, DUE TO NON-ATTENDANCE. PERHAPS WHEN THE WEATHER IS COOLER, WE CAN TRY AGAIN TO VISIT BUTTERFLY WORLD AND ADMIRE ALL ITS BEAUTY.

UPCOMING SEPTEMBER 2024 ACTIVITIES;

SEPTEMBER 10TH @ 2:00 PM ~ SUE HAGEN WILL BE HOSTING A GREETING CARD MAKING CLASS ALONG WITH SUPPLYING US WITH ALL THE NECESSARY MATERIALS! PLEASE JOIN US IN THE ACTIVITY ROOM TO GET AN EARLY START ON YOUR THANKSGIVING & CHRISTMAS CARD MAKING. FAMILY MEMBERS CHERISH CARDS THAT ARE HAND-MADE FROM THE HEART. COOKIES AND COFFEE WILL BE SERVED!

SEPTEMBER 10TH @ 5:00 PM ~ RESIDENTS BBQ/PICNIC. GET YOUR TASTE BUDS READY FOR A DELICIOUS ALL AMERICAN HOME COOKED BBQ WITH ALL THE FIXINS!

SEPTEMBER 11TH @ 9:30 AM ~ MEMORY CARE BEACH TRIP / SCENIC RIDE. HOW WONDERFUL TO TAKE IN THE OCEAN VIEW AND SMELL THE WARM SEA SALT OCEAN. ALL ARE WELCOME.

SEPTEMBER 12TH @ 10:00 AM ~ VOLUNTEERS APPRECIATION RECEPTION. THIS WILL BE HELD DURING OUR REGULAR THURSDAY MORNING PRAYER SERVICE WITH PASTOR ANDY. HOWEVER, IT WILL START AT 10:00 A.M. INSTEAD OF THE USUAL TIME OF 9:00 A.M. WE WILL BE HONORING ALL OUR DEVOTED VOLUNTEERS. REFRESHMENTS WILL BE SERVED!

SEPTEMBER 14TH @ 3:30 PM ~ RESIDENTS APPRECIATION DAY & GRANDPARENTS DAY CELEBRATION DURING HAPPY HOUR. WE WILL BE SETTING UP A PHOTO BOOTH FOR PICTURES FOR YOU AND YOUR FAMILY MEMBERS. "WE WILL BE HONORING YOU ~ OUR BELOVED RESIDENTS".

SEPTEMBER 17TH @ 2:00 PM ~ COME JOIN US IN THE DINING ROOM, WE WILL BE MAKING HOME-MADE WHITE CHOCOLATE, CHERRY PISTACHIO BARK - THE SAME RECIPE I PUT IN YOUR AUGUST NEWSLETTER.

SEPTEMBER 21ST @ 3:30 PM ~ WE WILL BE CELEBRATING "OKTOBERFEST" WITH RICHIE SHAPIRO, A PROFESSIONAL ACCORDIAN PLAYER AT HAPPY HOUR. SEE YOU THERE FOR GERMAN PRETZELS & BEER. DANKE!

Warm Regards, Donna

JOURNEY TO THE FINAL FRONTIER



Those planning their dream vacation no longer have to settle for finding a country to visit on planet Earth. They can now reach for the stars! Space tourism is finally becoming a reality, thanks to bold and visionary companies like

SpaceX. The innovator has achieved numerous milestones, including sending the first privately funded rocket into orbit in 2008 and the first private crewed flight to the International Space Station (ISS) in 2020.

Another important player in the space tourism industry is Virgin Galactic, owned by entrepreneur Richard Branson. Virgin Galactic successfully launched its first fully crewed spaceflight in July 2021 and now regularly schedules flights for private individuals. Seats on Virgin Galactic's spacecraft initially sold for \$250,000, but prices have since increased to around \$450,000 per seat.

The Russian Space Agency has allowed trips to the ISS aboard their Soyuz spacecraft, considered one of the safest and most cost-effective spacecraft designs. For 20 to 40 million dollars, these tourists received the training needed to launch safely into space. For now, space tourism is certainly confined to the wealthy few who are brave enough to travel into space.

Why travel to space at all? Some venture to space for the pure thrill. Others contend that traveling to space is the first step in colonizing other planets, like Mars. On a more practical note, spacecraft that launch into space travel faster than airplanes. A flight from New York to Sydney, Australia, will take a mere hour rather than a whole day. But maybe the unique view of Earth from outer space is reason enough. Astronauts tell of how their entire perspectives have changed after seeing Earth so fragile and alone in outer space.

MUSIC

IT HAS THE POWER TO MAKE US SMILE,
AND BRING US TO ALL TYPES OF TEARS.
IT CAN CARRY US BACK IN TIME,
AND INSPIRE US TO DANCE IN THE MOMENT.

FOR ALL OUR HAPPIEST DAYS,
AND OUR SADDEST,

THERE IS MUSIC



DIY EDUCATION



Interested in a little self-improvement? Self-University Week is September 1-7. MOOC stands for Massive Open Courses,

and this means that anyone can open a computer and join a course online for free. You no longer have to spend thousands of dollars to receive an education at top universities like Harvard, Yale, Stanford, Duke, UCLA, and others that have joined the MOOC movement. Professors have recorded their lectures and have even provided required reading, homework, and final exams. With thousands of people enrolled in these free courses, students cannot expect one-on-one contact with their teachers, but students can easily chat online with other students. Will you earn a degree? Not quite. Some professors offer certificates of completion, but these are not official certificates from the university itself. The goal of MOOC is not to hand out degrees but to offer high quality education to the far reaches of the globe. Do you want to learn Italian? Build a solar panel? Learn how to write good comedy? It's now all there for you at the touch of a button.

**RESIDENT SPOTLIGHT
"PERRY PASQUALE"**

Perry was born on June 17, 1931, in Hoboken, NJ. Perry was 1 of 6 children in an Italian/American family. Perry was also an identical twin. Most people outside the family could not tell the twins apart. He has 3 brothers and 2 sisters.

At the early age of 14 he began learning to play the guitar. His first lessons came from his dad who began teaching him chords and the scales. Eventually he began to listen to guitar players such as Django Reinhart, Joe Pass and others and imitated their styles as he developed his own style of playing. As a teenager he began to play for the patrons at his father's restaurant. Perry played on the road for a short time in his band called the Blue Notes. Perry met Les Paul the maker of popular guitars and visited his home and guitar shop in New Jersey.

At the age of 25 Perry met his wife Norma and they were married on June 16, 1956. Perry and Norma were married for 66 years at the time of Norma's passing in October 2022. They have 2 children, Stephen and Janet, 6 grandchildren and 7 great grandchildren.

Perry attended a drafting program at Stevens Tech in Hoboken for 2 years. After graduating from Stevens, he started to work in drafting. However, at this time the field of computers was in its infancy and many companies were testing employees for their aptitude in the computer field. Perry found he had a natural talent for computer programming and quickly moved into the field. After working for a few companies as a computer programmer he was offered a position at IBM as a programmer. In 1978 IBM offered Perry a new position at their Boca Raton offices. IBM moved the family to Boca Raton in July of that year. Perry worked for IBM for 22 years at the time of his retirement. Perry won a few awards at IBM for special computer programs he developed.

Perry and Norma attended Spanish River Bible Chapel for over 40 years. He served as the Chapel's treasure for many years and computerized the financial bookkeeping for the chapel.

Perry is a student of the Bible and enjoys writing on biblical themes. He has published a book and has written several articles for an Italian/English Christian publication.

Perry was very close to his family and spent most of his leisure time visiting family in Florida, New Jersey and a few trips to Italy. In June 2017 Perry and Norma moved to Advent Square Sr. Living Community.

SEPTEMBER 11, 2001



The exact number of victims particularly the number of those killed at the World Trade Center is not definitively known. However, the official death toll, after numerous revisions and not including the 19 terrorists, was set at 2,977 people. At the World Trade Center in New York City, 2,753 people died, of whom 343 were firefighters.

The victims at the Pentagon near Washington, D.C., was 184, and 40 individuals died outside Shanksville, Pennsylvania.

**WE WILL NEVER FORGET
PLEASE SAY A PRAYER IN REMEMBRANCE
OF ALL THE VICTIMS**



**HISTORY OF NATIONAL POW/MIA
RECOGNITION DAY ~ SEPTEMBER 20, 2024**

National POW/MIA Recognition Day is observed annually in September around a central theme to show commitment to full accountability to the families of captured service members and missing war heroes.

The term POW and MIA mean prisoner of war and military personnel who went missing in action. Many service members suffered as prisoners during the several wars that have happened throughout the history of the U.S. National POW/MIA Recognition Day was initiated as the day to commemorate with the family of many of the tens of thousands of service members who never made it home.