

# MARCH 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>8:00 AM Breakfast <b>1</b></p> <p>9:00 AM Church Service</p> <p>12:00 PM Lunch</p> <p>2:00 PM Karaoke~Singing Hymns Under the Gazebo</p> <p>4:00 PM Rest and Relax</p> <p>5:00 PM Dinner</p>	<p>8:00 AM Breakfast <b>2</b></p> <p>9:30 AM Gentle Pilates</p> <p>12:00 PM Lunch</p> <p>2:00 PM Aromatherapy with Lotions &amp; Gentle Massages</p> <p>4:00 PM Rest and Relax</p> <p>5:00 PM Dinner</p>	<p>8:00 AM Breakfast <b>3</b></p> <p>9:30 AM Morning Exercises</p> <p>12:00 PM Lunch</p> <p>2:00 PM Make Pigs-in-a Blanket (Dining Room)</p> <p>4:00 PM Rest and Relax Hallmark Movie</p> <p>5:00 PM Dinner</p>	<p>8:00 AM Breakfast <b>4</b></p> <p>9:30 AM Motion Ribbon Exercise to Music</p> <p>12:00 PM Lunch</p> <p>2:00 PM Pinterest Crafting</p> <p>4:00 PM Rest &amp; Relax</p> <p>5:00 PM Dinner</p>	<p>8:00 AM Breakfast <b>5</b></p> <p>9:00 AM Bible Study (Dining Room)</p> <p>12:00 PM Lunch</p> <p>2:00 PM Jenga &amp; Scrabble</p> <p>4:00 PM Rest and Relax</p> <p>5:00 PM Dinner</p>	<p>8:00 AM Breakfast <b>6</b></p> <p>9:30 AM Chair Exercising</p> <p>12:00 PM Lunch</p> <p>2:00 PM Water Coloring</p> <p>4:00 PM Rest and Relax Youtube Live Fish Tank</p> <p>5:00 PM Dinner</p>	<p>8:00 AM Breakfast <b>7</b></p> <p>9:30 AM Pool Noodle Stretches Under Gazebo To Music</p> <p>12:00 PM Lunch</p> <p>3:00 PM ~ HAPPY HOUR (Dining Room)</p> <p>4:00 PM Rest and Relax</p> <p>5:00 PM Dinner</p>
<p>8:00 AM Breakfast <b>8</b></p> <p>9:00 AM Church Service</p> <p>12:00 PM Lunch</p> <p>2:00 PM Memory Match Game Oil Pastel Art</p> <p>4:00 PM Rest and Relax</p> <p>5:00 PM Dinner</p>	<p>8:00 AM Breakfast <b>9</b></p> <p>9:30 AM Yoga Stretching</p> <p>12:00 PM Lunch</p> <p>2:00 PM Bowling Under the Gazebo to Music</p> <p>4:00 PM Rest and Relax</p> <p>5:00 PM Dinner</p>	<p>8:00 AM Breakfast <b>10</b></p> <p>10:00 AM St. Patrick's Day Craft (Activity Room)</p> <p>12:00 PM Lunch</p> <p>2:00 PM Sort Similar Objects</p> <p>4:00 PM Rest and Relax Hallmark Movie</p> <p>5:00 PM Dinner</p>	<p>8:00 AM Breakfast <b>11</b></p> <p>9:30 AM Outdoor Parachute</p> <p>12:00 PM Lunch</p> <p>2:00 PM Stencil &amp; Sponge Painting</p> <p>4:00 PM Rest &amp; Relax</p> <p>5:00 PM Dinner</p>	<p>8:00 AM Breakfast <b>12</b></p> <p>9:00 AM Bible Study (Dining Room)</p> <p>12:00 PM Lunch</p> <p>2:00 PM Magazine Collaging</p> <p>4:00 PM Rest and Relax</p> <p>5:00 PM Dinner</p>	<p>8:00 AM Breakfast <b>13</b></p> <p>9:30 AM Hot Potato Toss</p> <p>12:00 PM Lunch</p> <p>2:00 PM Easel Painting</p> <p>4:00 PM Rest and Relax Youtube Live Fish Tank</p> <p>5:00 PM Dinner</p>	<p>8:00 AM Breakfast <b>14</b></p> <p>9:30 AM Courtyard Strolls</p> <p>12:00 PM Lunch</p> <p>3:00 PM ~ HAPPY HOUR (Dining Room)</p> <p>4:00 PM Rest and Relax Live Fish Tank on YouTube</p> <p>5:00 PM Dinner</p>
<p>8:00 AM Breakfast <b>15</b></p> <p>9:00 AM Church Service</p> <p>12:00 PM Lunch</p> <p>2:00 PM Water Coloring Sort Poker Chips</p> <p>4:00 PM Rest and Relax</p> <p>5:00 PM Dinner</p>	<p>8:00 AM Breakfast <b>16</b></p> <p>9:30 AM Simple Stretching</p> <p>12:00 PM Lunch</p> <p>2:00 PM Sort Cards by Suit Upwards Game</p> <p>4:00 PM Rest and Relax</p> <p>5:00 PM Dinner</p>	<p><i>*Happy St. Patrick's Day*</i> <b>17</b></p> <p>8:00 AM Breakfast</p> <p>10:00 AM "PERSONAL PONIES VISIT" (UNDER GAZEBO)</p> <p>12:00 PM Lunch</p> <p>2:00 PM Irish Soda Bread &amp; Tea</p> <p>4:00 PM Rest and Relax</p> <p>5:00 PM Dinner</p>	<p>8:00 AM Breakfast <b>18</b></p> <p>9:30 AM Balloon Badminton</p> <p>12:00 PM Lunch</p> <p>2:00 PM MARCH BIRTHDAY CELEBRATIONS~LIVE SINGER (DINING ROOM)</p> <p>4:00 PM Rest &amp; Relax</p> <p>5:00 PM Dinner</p>	<p>8:00 AM Breakfast <b>19</b></p> <p>9:00 AM Bible Study (Dining Room)</p> <p>12:00 PM Lunch</p> <p>2:00 PM Favorite Sing-a-longs</p> <p>4:00 PM Rest and Relax</p> <p>5:00 PM Dinner</p>	<p>8:00 AM Breakfast <b>20</b></p> <p>9:30 AM Scarf Rowing</p> <p>12:00 PM Lunch</p> <p>2:00 PM ICE CREAM SOCIAL</p> <p>4:00 PM Rest and Relax YouTube Live Fish Tank</p> <p>5:00 PM Dinner</p>	<p>8:00 AM Breakfast <b>21</b></p> <p>9:30 AM Chair Dancing to Tunes</p> <p>12:00 PM Lunch</p> <p>3:00 PM ~ HAPPY HOUR (Dining Room)</p> <p>4:00 PM Rest and Relax Live Fish Tank on YouTube</p> <p>5:00 PM Dinner</p>
<p>8:00 AM Breakfast <b>22</b></p> <p>9:00 AM Church Service</p> <p>12:00 PM Lunch</p> <p>2:00 PM Tea &amp; Scones Read Short Bible Stories</p> <p>4:00 PM Rest and Relax</p> <p>5:00 PM Dinner</p>	<p>8:00 AM Breakfast <b>23</b></p> <p>9:30 AM Tai Chi Stretching</p> <p>12:00 PM Lunch</p> <p>2:00 PM String Cheerios into Necklaces</p> <p>4:00 PM Rest and Relax</p> <p>5:00 PM Dinner</p>	<p>8:00 AM Breakfast <b>24</b></p> <p>10:00 AM Pool Noodle Stretches</p> <p>12:00 PM Lunch</p> <p>2:00 PM Karaoke Group Sing &amp; Chair Dance</p> <p>4:00 PM Rest and Relax Hallmark Movie</p> <p>5:00 PM Dinner</p>	<p>8:00 AM Breakfast <b>25</b></p> <p>9:30 AM Yoga Stretching</p> <p>12:00 PM Lunch</p> <p>2:00 PM Day at the Spa</p> <p>4:00 PM Rest &amp; Relax Hallmark Movie</p> <p>5:00 PM Dinner</p>	<p>8:00 AM Breakfast <b>26</b></p> <p>9:00 AM Bible Study (Dining Room)</p> <p>12:00 PM Lunch</p> <p>2:00 PM Make a Bird Feeder</p> <p>4:00 PM Rest and Relax</p> <p>5:00 PM Dinner</p>	<p>8:00 AM Breakfast <b>27</b></p> <p>9:30 AM Easy Strength Training with Water Bottles</p> <p>12:00 PM Lunch</p> <p>2:00 PM Candy Bingo &amp; Dominoe Trails</p> <p>4:00 PM Rest and Relax</p> <p>5:00 PM Dinner</p>	<p><i>Happy Birthday Daniel</i> <b>28</b></p> <p>8:00 AM Breakfast</p> <p>9:30 AM Parachute Stretch with Beach Ball to Music</p> <p>2:00 PM Lunch</p> <p>3:00 PM ~ HAPPY HOUR</p> <p>4:00 PM Rest and Relax</p> <p>5:00 PM Dinner</p>
<p>8:00 AM Breakfast <b>29</b></p> <p>9:00 AM Church Service</p> <p>12:00 PM Lunch</p> <p>2:00 PM Court Yard Strolls Ball Toss</p> <p>4:00 PM Rest and Relax</p> <p>5:00 PM Dinner</p>	<p>8:00 AM Breakfast <b>30</b></p> <p>9:30 AM Gentle Pilates</p> <p>12:00 PM Lunch</p> <p>2:00 PM Dominoe Trails</p> <p>4:00 PM Rest and Relax Gentle Breathing Exercises</p> <p>5:00 PM Dinner</p>	<p>8:00 AM Breakfast <b>31</b></p> <p>10:00 AM Virgin Mudslides &amp; Cookies (Dining Room)</p> <p>12:00 PM Lunch</p> <p>2:00 PM Floam Creations Favorite Puzzles</p> <p>4:00 PM Rest and Relax</p> <p>5:00 PM Dinner</p>	<p>MEMORY CARE CALENDAR ADVENT SQUARE SENIOR LIVING 4798 N. DIXIE HIGHWAY BOCA RATON, FLORIDA 33431 561-391-7207</p>			