

May 2026 Newsletter

Upcoming Events

Kentucky Derby Hat Making Friday, May 1 3:00 PM - Activity Room

Get ready for the Kentucky Derby by creating your own festive hat. Decorate stylish Derby hats with ribbons, flowers, and fun accessories!

Kentucky Derby Watch Party Saturday, May 2 6:00 PM - Activity Room

Enjoy the excitement of the Kentucky Derby right from the comfort of our community. Gather in the activity room to watch the race LIVE on TV! Don't forget to wear your Derby hats!

NY Times Games: Wordle Monday, May 4 10:30 AM - Activity Room

Enjoy a fun and interactive session of NY Times games, including Wordle. This is a popular daily word puzzle. Challenge your mind, test your vocabulary, and have fun.

Video Lecture: Space Monday, May 4 4:00 PM - Activity Room

May the fourth be with you! Celebrate with a fascinating video lecture exploring the wonders of Astronomy!

Women's Discussion Group Tuesday, May 5 10:00 AM - Activity Room

Gather for a Women's Discussion Group! Topic of Discussion: **Women Who Shaped us: Mentors, Mothers, Role Models**—we will share these fun, meaningful, stories that shaped who we are.

Cinco de Mayo Edu-tainment Tuesday, May 5 2:00 PM - Activity Room

Celebrate Cinco de Mayo with a fun and interactive "edu-tainment" experience! Enjoy a short cultural lecture, try delicious salsa tastings, and sip on festive mocktails. Join in on the fun with a pinata and light snacks while learning about the traditions behind the celebration.

Newsletter Name Voting & Awards Wednesday, May 6 10:30 AM - Activity Room

Cast your vote and help choose Advent Square's official newsletter title. Residents are encouraged to participate in choosing a name, followed by special awards!

Create-a-Card Wednesday, May 6 2:00 PM - Activity Room

Design and create your own personalized cards—perfect for birthdays, holidays, or Mother's day coming soon. All materials are provided and no experience is needed—just bring your creativity!

Ukulele Lessons/Practice Every Thursday 3:30 PM - Activity Room

Have you ever wanted to learn a new instrument or enjoy making music with friends? Join us for a fun ukulele session! No experience needed.

Origami Flowers Friday, May 8 1:00 PM - Activity Room

Come enjoy a relaxing origami flower activity, folding paper into spring blooms.

Mother's Day Paint & Snack Saturday, May 9 10:30 AM - Activity Room

Celebrate a Mother's Day Paint & Snack activity, combining a fun, relaxing painting project with light refreshments and snacks.

70's Disco Party Saturday, May 9 3:00 PM - Dining Room

Get ready to step back into the groove with a 70s disco party full of music, dancing, and retro fun! Break out your disco style and join in for an upbeat afternoon of classic hits, snacks, and dancing, featuring Stuey Blue for entertainment.

Lecture: "When Your Health & Money Intersect" Monday, May 11 1:00 PM - Activity Room

Gain helpful insight with Holika and guest speakers, focusing on how wellness and finances go hand in hand. This session offers practical tips to help make confident and healthy decisions.

Men's Discussion Group Tuesday, May 12 10:00 AM - Activity Room

Gather for a meaningful Men's Discussion Group led by Senior Pastor Patrick. This is a welcoming space to share thoughts, reflect on life experiences, and engage in faith-based conversation.

Menu Chat Tuesday, May 12 2:00 PM - Dining Room

Join us for a Menu Chat, a relaxed discussion where residents can share feedback and suggestions about menu and dining options.

Summer Festival Tuesday, May 12 5:00 PM - Courtyard

Join us for an evening of fun featuring Chick-fil-A for dinner, treats from the Kona Ice food truck, and a sweet fondue fountain. Enjoy outdoor games, great company from the youth group, and summer fun!

May Birthday Celebration Wednesday, May 13 2:00 PM - Dining Room

Celebrate May birthdays with a joyful gathering of cake, entertainment with Arthur, and good company.

Candy Lover Dice Game Friday, May 15 2:00 PM - Activity Room

Roll the dice and satisfy your sweet tooth! Enjoy a fun, fast-paced game filled with surprises, laughter, and plenty of treats to win.

Movie Saturday: "The Rise and Fall of Elvis Presley" Saturday, May 16 10:00 AM - Activity Room

He had one chance to show the world he was still the King of Rock 'n' Roll. Discover the story behind Elvis Presley's triumphant '68 comeback special..

Lecture: "Retain Your Brain"

Monday, May 18

10:00 AM - Activity Room

Apart of her lecture series, Holika returns with tips on how to keep your mind sharp, featuring helpful tips and simple strategies to support your memory and health.

Go Fish! Card Game

Tuesday, May 19

2:00 PM - Activity Room

Deal the cards and enjoy a classic game of Go Fish! No experience needed.

Virtual Tour: Religious Art

Across Asia

Tuesday, May 19

3:00 PM - Activity Room

Travel from the comfort of home with a virtual tour of religious art across Asia. Explore beautiful works and rich traditions while learning the meaning and history behind them.

First Chorus

Wednesday, May 20

11:00 AM - Dining Room

Lift your voices and enjoy the first chorus, a group singing activity filled with familiar songs and great company.

Ice Cream Sunshine Social

Wednesday, May 20

1:30 PM - Courtyard

Soak up the sun at our Ice Cream Social, featuring an outdoor twist. Enjoy a variety of ice cream bars, bubbles, and sunshine while relaxing and socializing with company from Advent School Kids!

Music in Memory with Densy

Monday, April 20

11:00 AM - Dining Room

Experience the joy of "Music in Memory" with Densy, featuring familiar songs that spark connection and memories.

Town Hall Meeting

Wednesday, May 27

10:00 AM - Dining Room

Attend our Town Hall Meeting for an open discussion on community updates, upcoming events, and resident feedback. This is a great opportunity to ask questions, stay informed about the community, and have a voice heard.

Chef's Demo with Peggy

Wednesday, May 27

1:30 PM - Dining Room

Enjoy a Chef's Demo with Peggy as she prepares a delicious trifle step by step. Learn helpful kitchen tips, watch a tasty dessert come together, and enjoy a fun and flavorful experience with the group.

Horticulture Therapy

Friday, May 29

2:00 PM - Courtyard

Take part in a calming Horticulture Therapy session and enjoy planting, touching, and caring for greenery. Over time we will see how much your plant grows!

Left Center Right

Saturday, May 30

1:00 PM - Activity Room

Get ready for a lively game of Left Center Right, a fast paced dice game full of luck, laughter, and surprises. Easy to learn and fun for everyone, a great way to enjoy friendly competition and good company.

Fitness

IL/AL

Mondays-Chair Yoga (9:15)
Wednesdays-Full Body (9:15)
Fridays-Strength and Balance
(Check Calendar)

Memory Care

Mondays & Thursdays -
Chair Yoga (9:30)
Tuesdays-Sit & Be Fit (9:30)
Wednesdays-Full Body (9:30)
Fridays-Pool Noodle Stretch (9:30)

Team

Cecilia Carroll
Executive Director

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Gianna Santo
Resident Engagement &
Activities Coordinator

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Michelle Garner, LPN
Nurse Manager, ALF

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Frankie Bustos
Master Chef

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Maria Fernanda Suarez
Master Chef

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Pastor:

Pastor Aaron Kruse
Executive Pastor

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Office Hours
Monday-Saturday
8:30 AM - 4:30 PM
Sundays & Evenings
By Appointment Only

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Important Phone Numbers:

Office 561-391-7207
Advent Church 561-395-3632
Kitchen 561-948-1724

***Fire/Medical Emergency: 911**

May Birthdays

Gary Benson (5/03)

Richard Belk (5/20)

Cecilia Gallo (5/27)

Mother's Day

Scripture

She is clothed with strength and dignity; she can laugh at the days to come. Her children arise and call her blessed; her husband also, and he praises her. - **Proverbs 31:25,28**

This Bible verse for moms highlights the strength and dignity that women carry from God. And, too, that their children and family will praise moms because of the strength, dignity, and joy that they carry! The word "praise" in this Bible verse for mom isn't like how we praise God in worship. It's used here to commend, to boast about, or to shine God's favor and light onto something.

Resident Highlights from April



Paint & Sip



Talent Show



Advent Square Newsletter

May 2026

Welcome May

May you be Well.
May you find Comfort.
May you have Strength.
May you have Courage.
May you find Healing.
May you have Peace.
May you be Joyful.
May you Prosper.
May you be filled with
Blessings & Loving Kindness.

JESUS ROCKS





**Dining Out
Adventure**



